

BERKELEY UNIFIED SCHOOL DISTRICT

TO: Javetta Cleveland and Neil Smith, Co-Superintendents
FROM: Susan Craig, Director, Student Services and Debbi Di11
DATE: November 14, 2012
SUBJECT: Report on the 2012 California Healthy Kids Survey Results

BACKGROUND INFORMATION

The California Healthy Kids Survey (CHKS) is given every two years to BUSD students in grades 5, 7, 9, 11, and to students enrolled at B-Tech. CHKS provides information regarding alcohol, tobacco, and drug use, school and community protective factors (e.g., the presence of caring adults), and school violence and safety. In 2012, the District's Tobacco Use Prevention Education (TUPE) grant covered the full cost of administering the CHKS survey. CHKS data are used widely by many public agencies and are required for certain grant funding.

A participation rate of at least 60% is needed in order for the CHKS data to be reliable. In 2012, the minimum required participation rate was exceeded at all grade levels. The CHKS data are therefore considered reliable at all grade levels. Active (written) parental consent is required for 5th grade participation, and passive consent is used for all other grade levels.

CHKS provides the District with information to guide decision-making regarding strategies to prevent, reduce, and delay the onset of high risk behaviors. BUSD high school students, in particular, have historically reported exceedingly high use rates for marijuana and alcohol. The results of the 2012 CHKS survey are promising and reveal a change in this pattern; nearly all indicators for alcohol, marijuana, and tobacco use show a decline. In addition, school violence indicators have declined while indicators for school safety have improved. The 2012 CHKS data strongly suggest that the prevention and intervention efforts that have been implemented at BUSD schools within the past two years have been effective in both reducing ATOD use by students and improving overall school safety.

DISTRICT GOAL

II. C. Positive Behavior Support

POLICY/CODE

No Child Left Behind Act (NCLB), Title IV Safe and Drug Free Schools and Board Policy 5030.1, 5030.2, 5030.3, 5131, 5131.1, 531.2, 5131.6, 5131.7, 5145.7

FISCAL IMPACT

None

STAFF RECOMMENDATION

Receive the Report on the 2012 California Healthy Kids Survey Results for information.

**Berkeley Unified School District
California Healthy Kids Survey
Results
January 2012**

November 14, 2012

Background

- The California Healthy Kids Survey (CHKS) is administered every 2 years in grades 5, 7, 9, 11 and at Berkeley Technology Academy (Btech).
- CHKS provides information to facilitate prevention and early intervention education. Delaying the onset of risk behaviors reduces the level of involvement and related problems.
- CHKS data are used widely by many public agencies including the City of Berkeley's Public Health Department.
- Goals of CHKS are to (a) reduce risky behaviors, (b) help school districts to identify areas for prevention and intervention education, (c) promote learning, (d) promote healthy behaviors, and (e) promote health programs

Participation Information

		5 th Grade Sample	7 th Grade Sample	9 th Grade Sample	11 th Grade Sample	BTECH
2012	%	68%	87%	73%	62%	69%
2010	%	46%	83%	77%	58%	NA
2008	%	43%	48%	68%	52%	NA
2006	%	57%	67%	47%	53%	NA

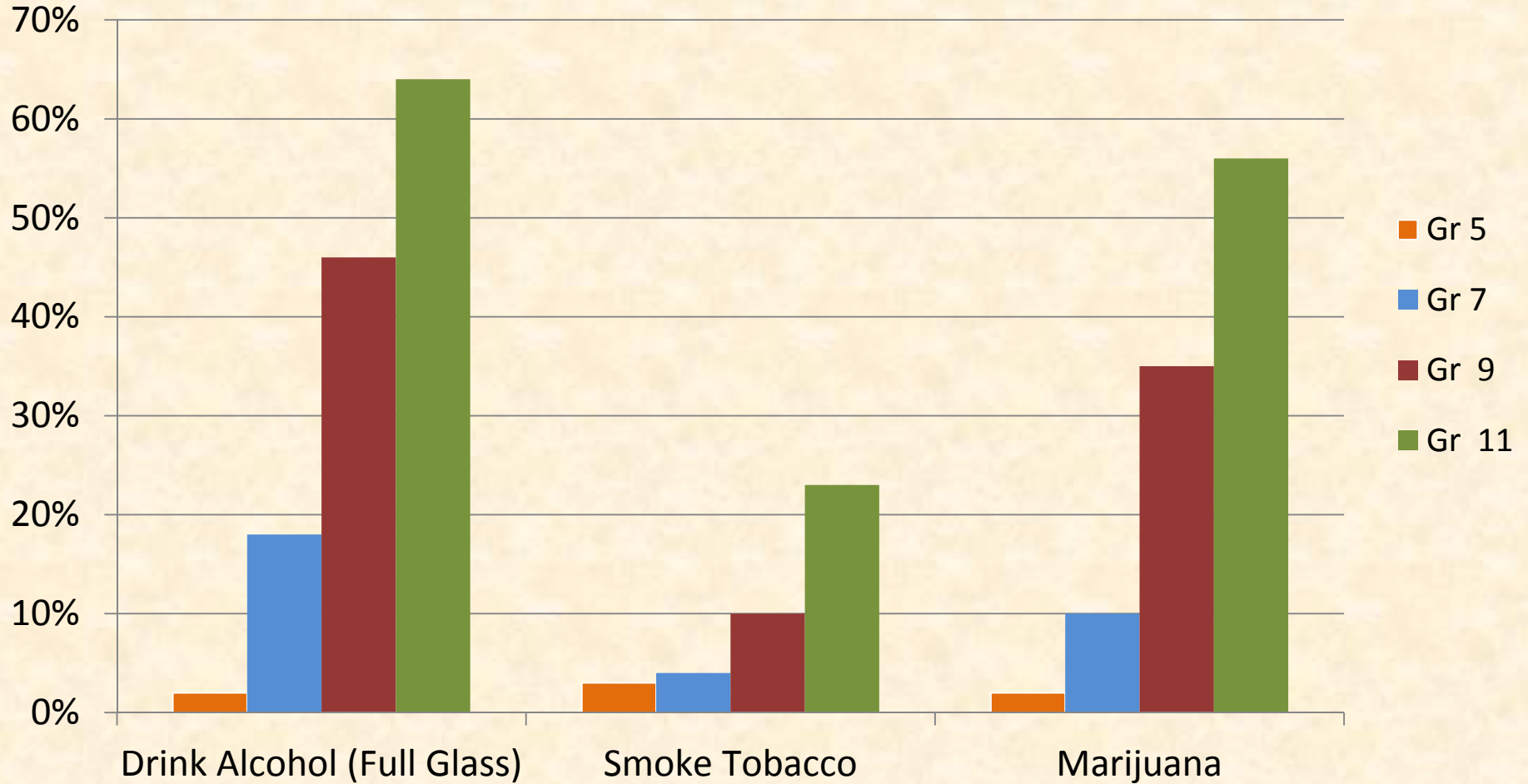
% : Percent of total student population who took the survey

Substance Use Patterns

Alcohol, Tobacco, and Other Drugs
(ATOD)

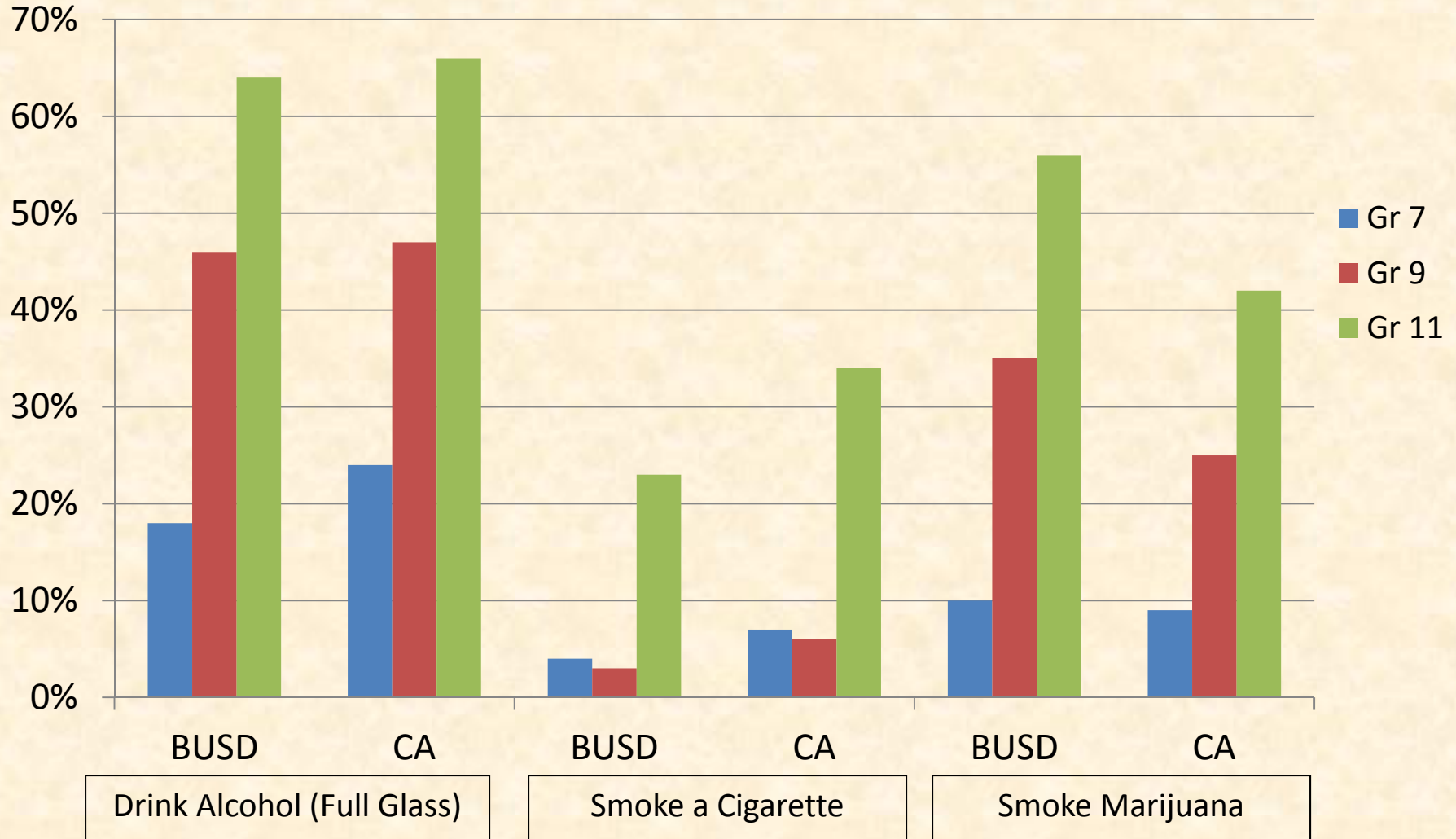
Lifetime ATOD Use

Percent of students who used alcohol, tobacco or marijuana at least once in their life



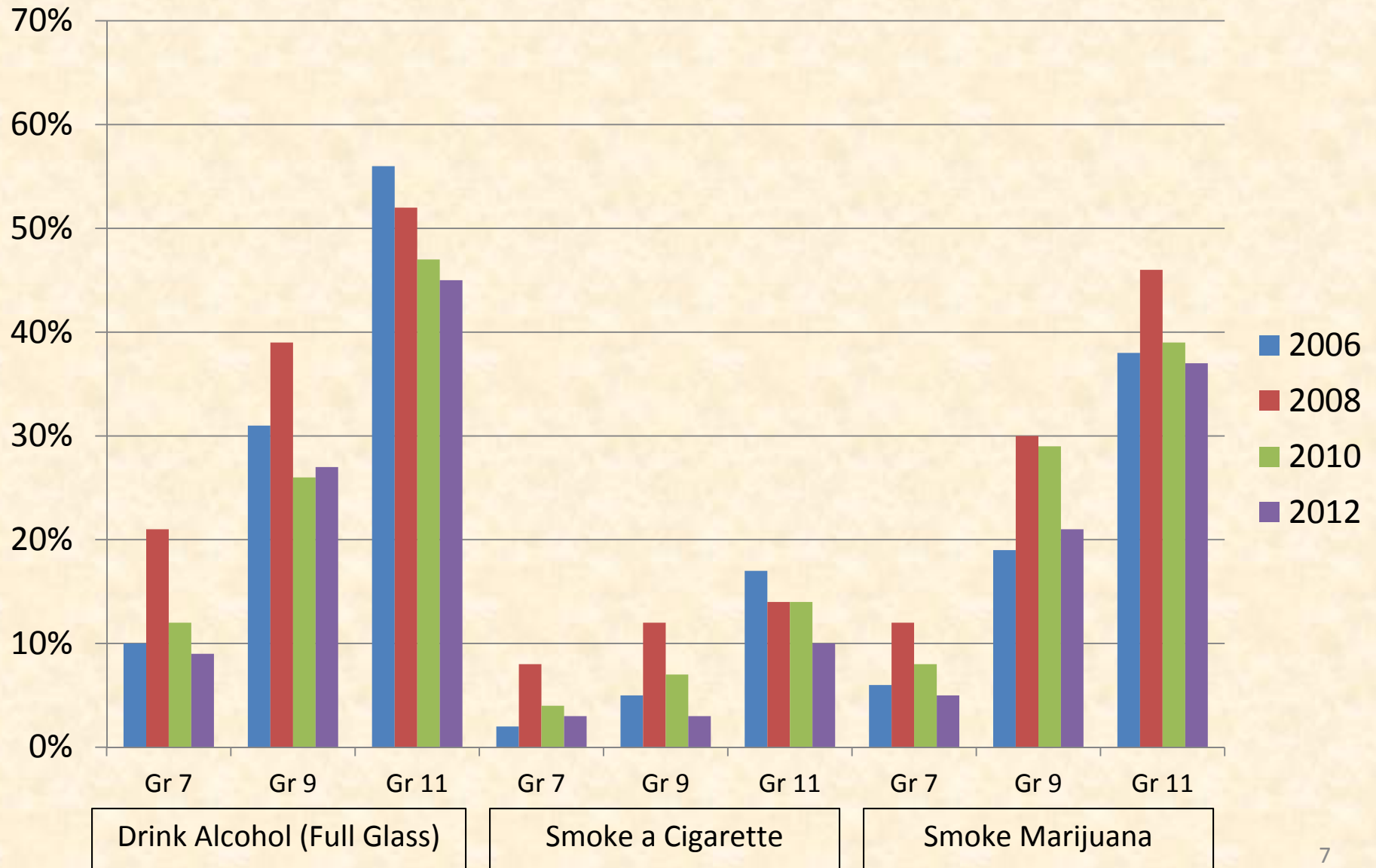
Lifetime ATOD Use compared to CA (2007)

Percent of students who used alcohol, tobacco or marijuana at least once in their life

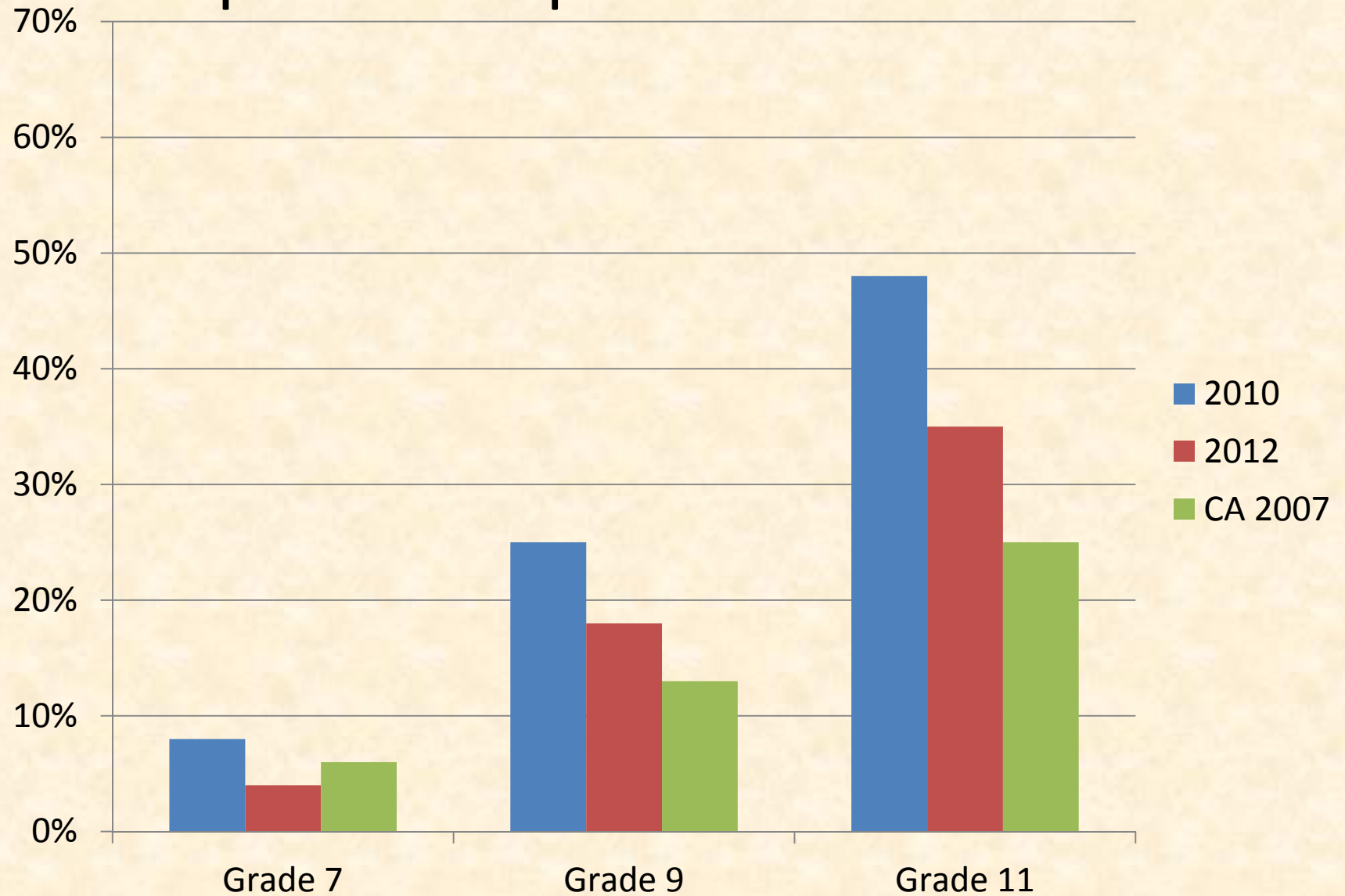


Current ATOD Use- Last 30 days

Comparison of BUSD Responses 2006 to 2012

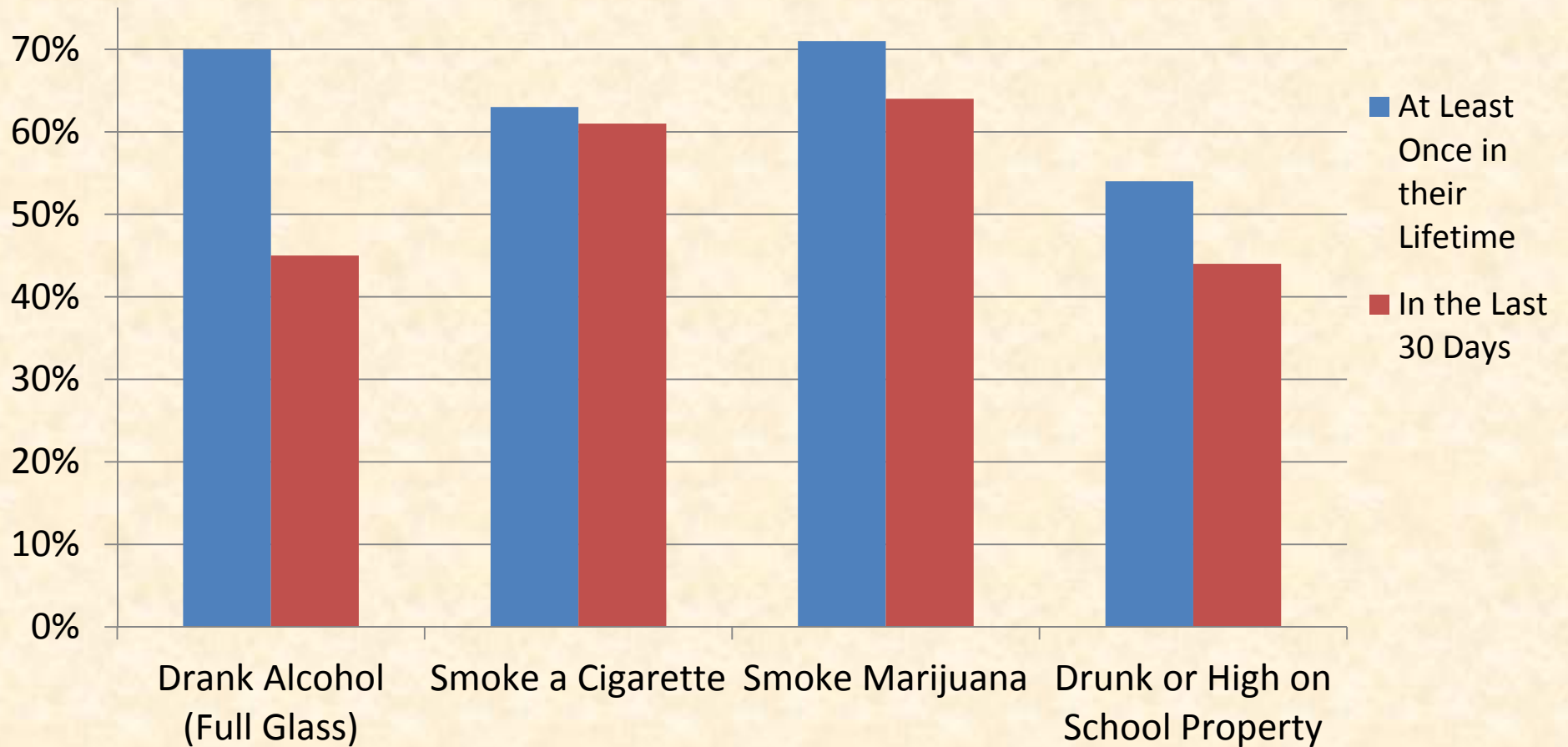


Drunk or High on School Property, Snapshot Comparison 2010 to 2012



Berkeley Technology Academy ATOD Use

Percent of students who used alcohol, tobacco or marijuana



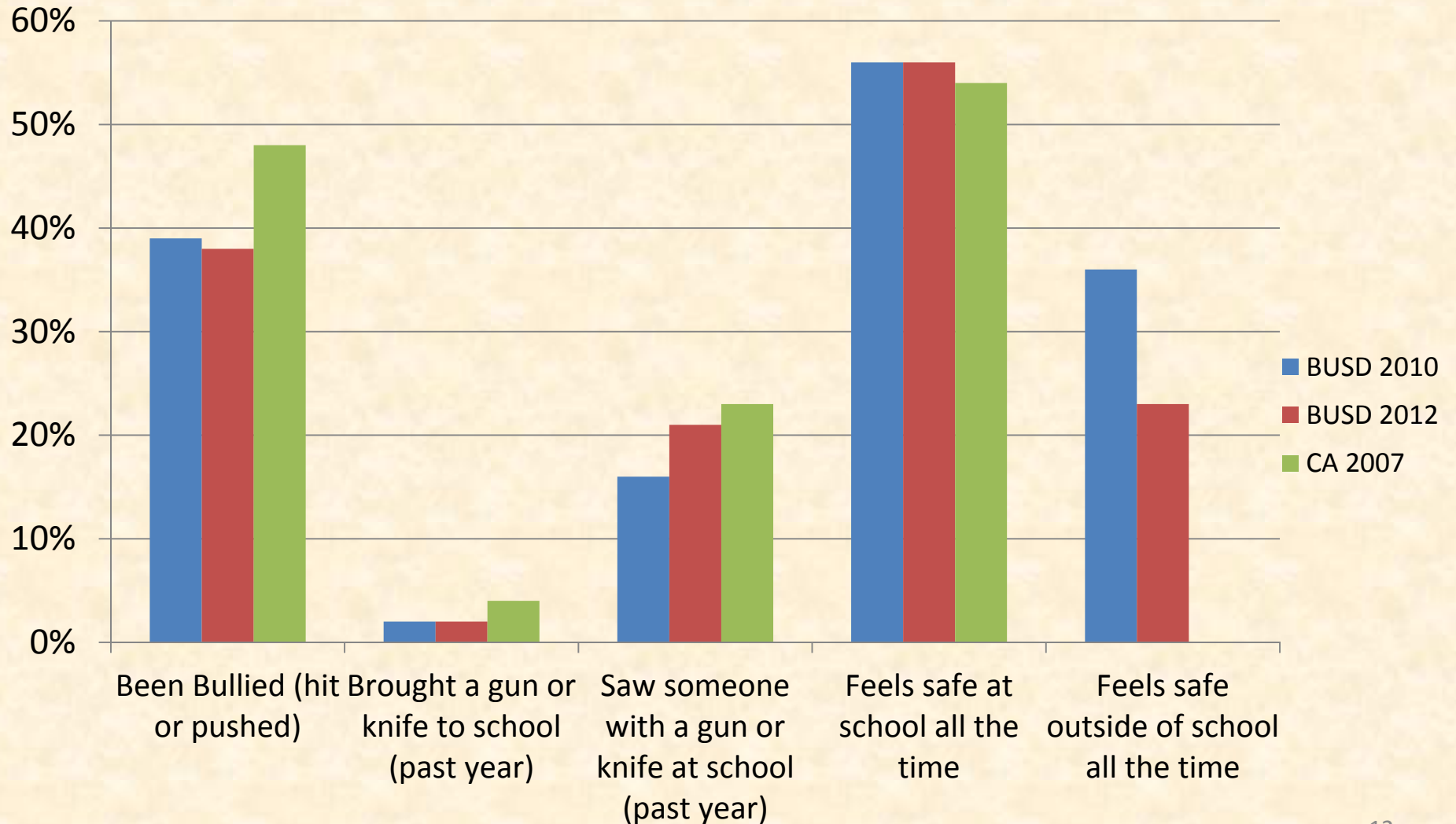
ATOD Summary

- ATOD use increases from grade 5 to 11.
- At grades 7, 9, and 11, BUSD's rates of lifetime alcohol and cigarette use are lower than the State; however, lifetime marijuana use rates are higher than the State.
- Use rates for alcohol, cigarettes, and marijuana within the last 30 days have declined at grades 7, 9, and 11 with the exception of alcohol use rates for 9th grade students, which increased 1%.
- At grades 9 and 11, BUSD students reported rates of being drunk or high on school property declined significantly (5% and 10% respectively), while grade 7 students reported a 2% increase.
- B-Tech students reported high use rates for alcohol, cigarettes, and marijuana.

Safety and Violence-Related Behavior

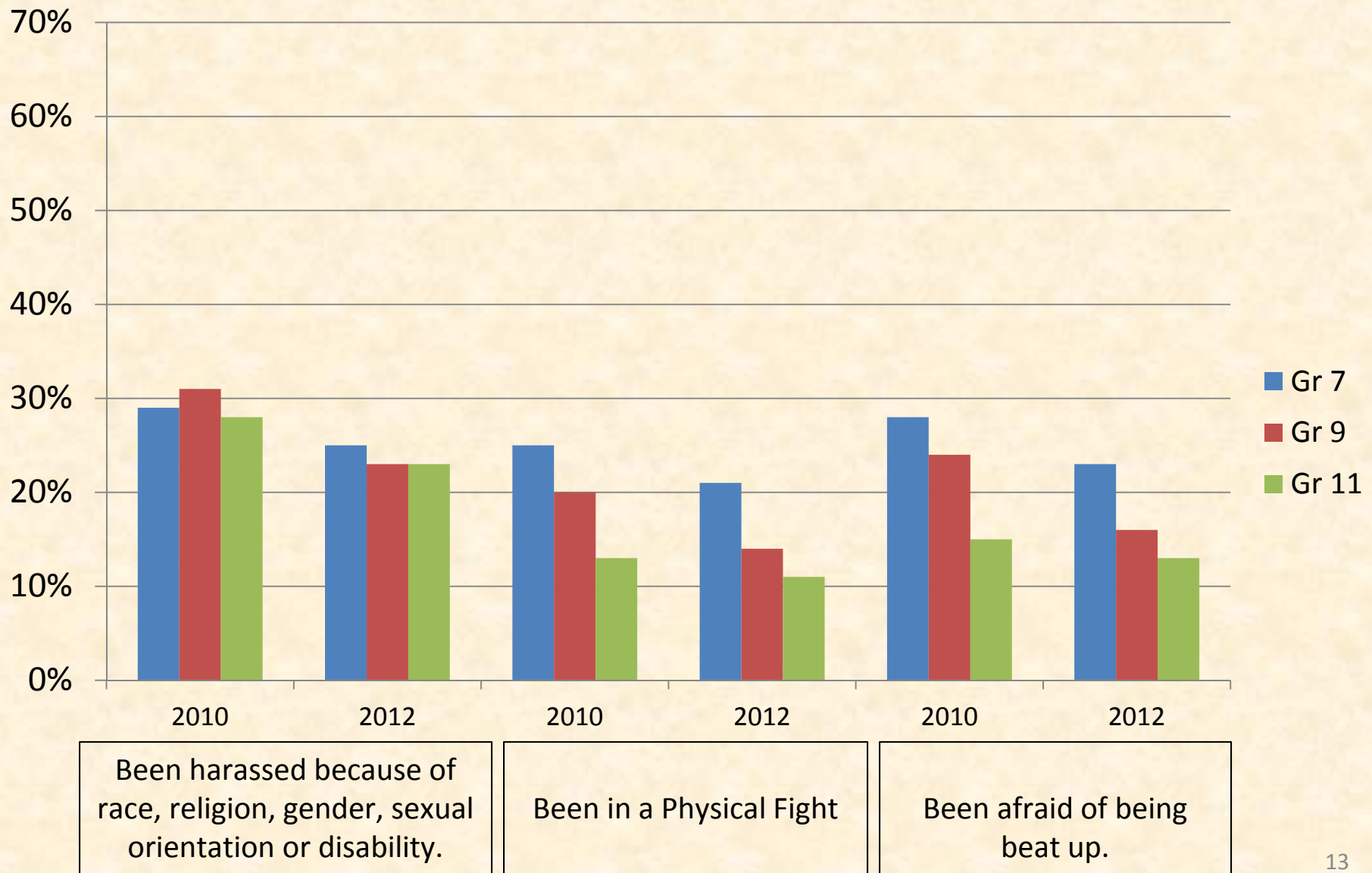
School and Community Context

Violence and Safety-Related Behavior and Experiences – 5th Grade

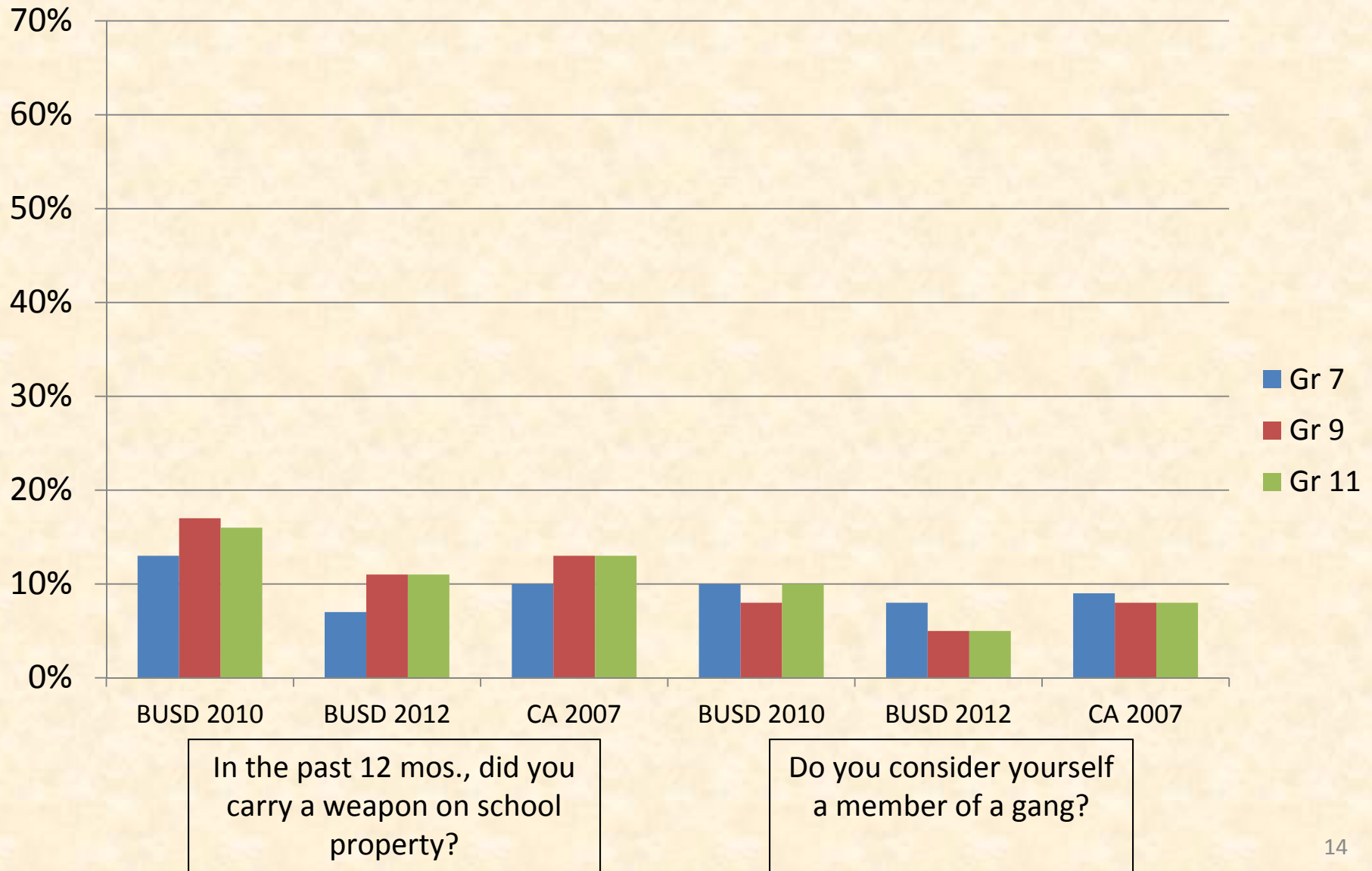


Violence and Safety-Related Behavior and Experiences.

During the past 12 months at school, have you...

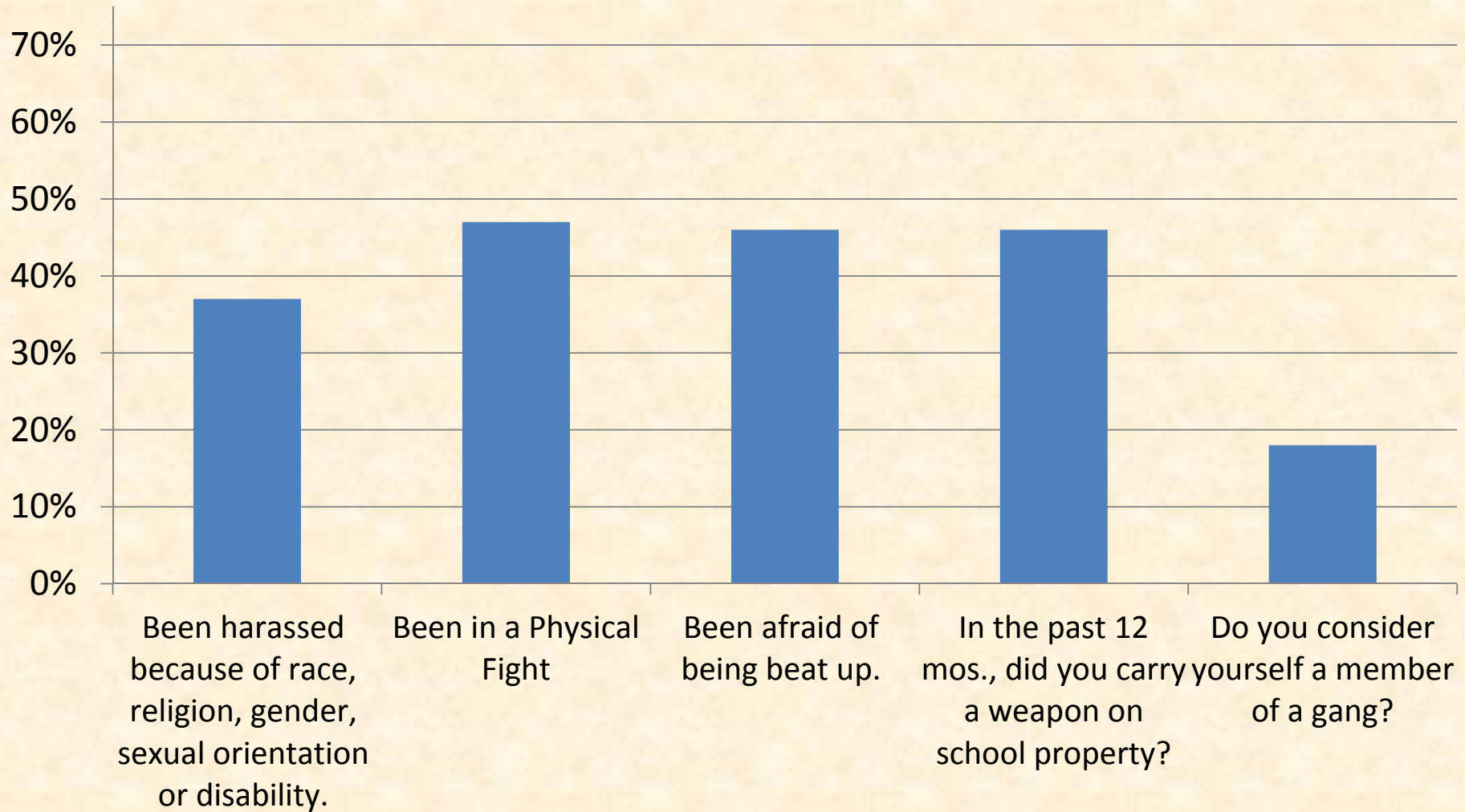


Violence and Safety-Related Behavior and Experiences.

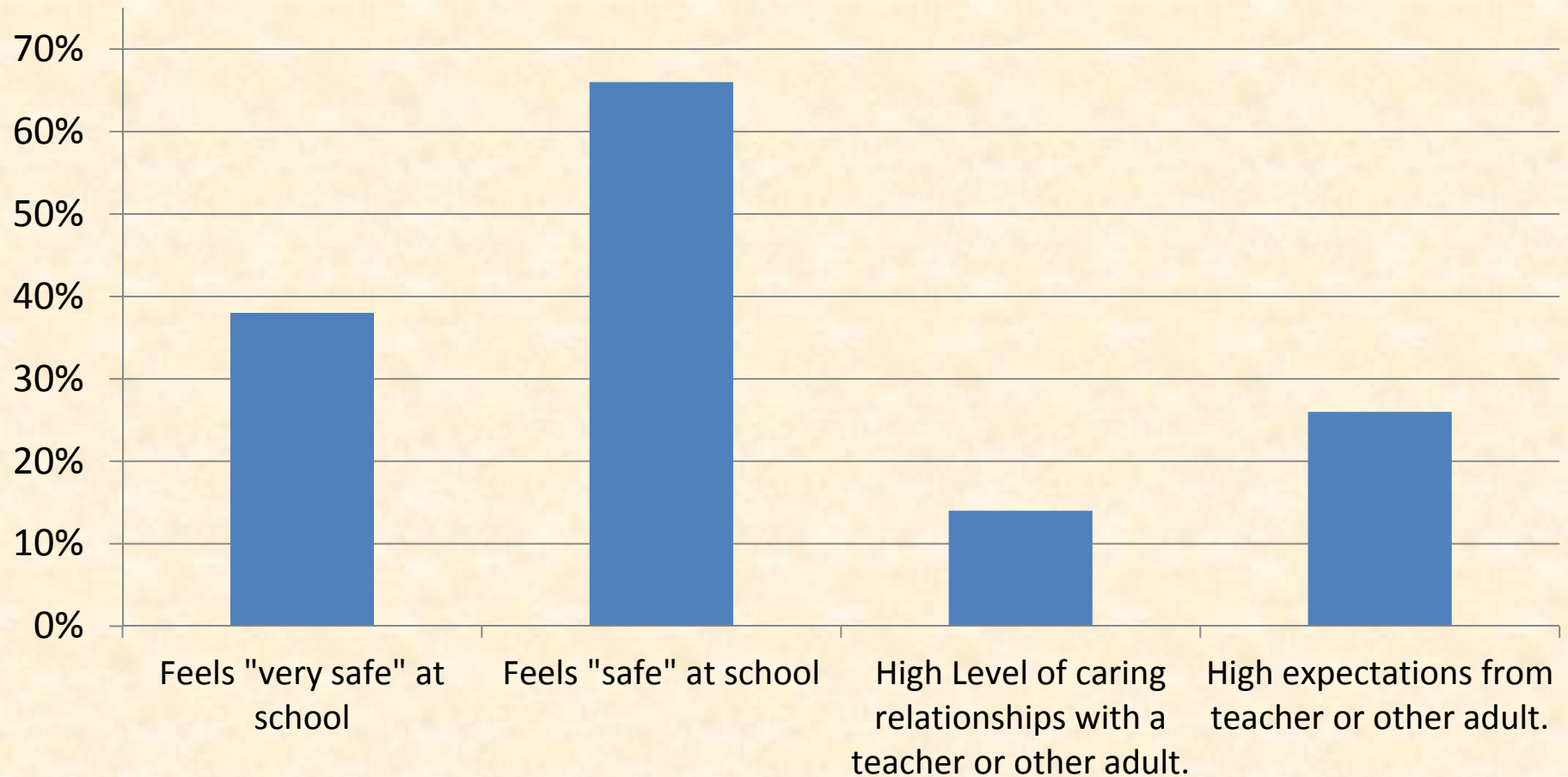


Berkeley Technology Academy

Violence and Safety-Related Behavior and Experiences

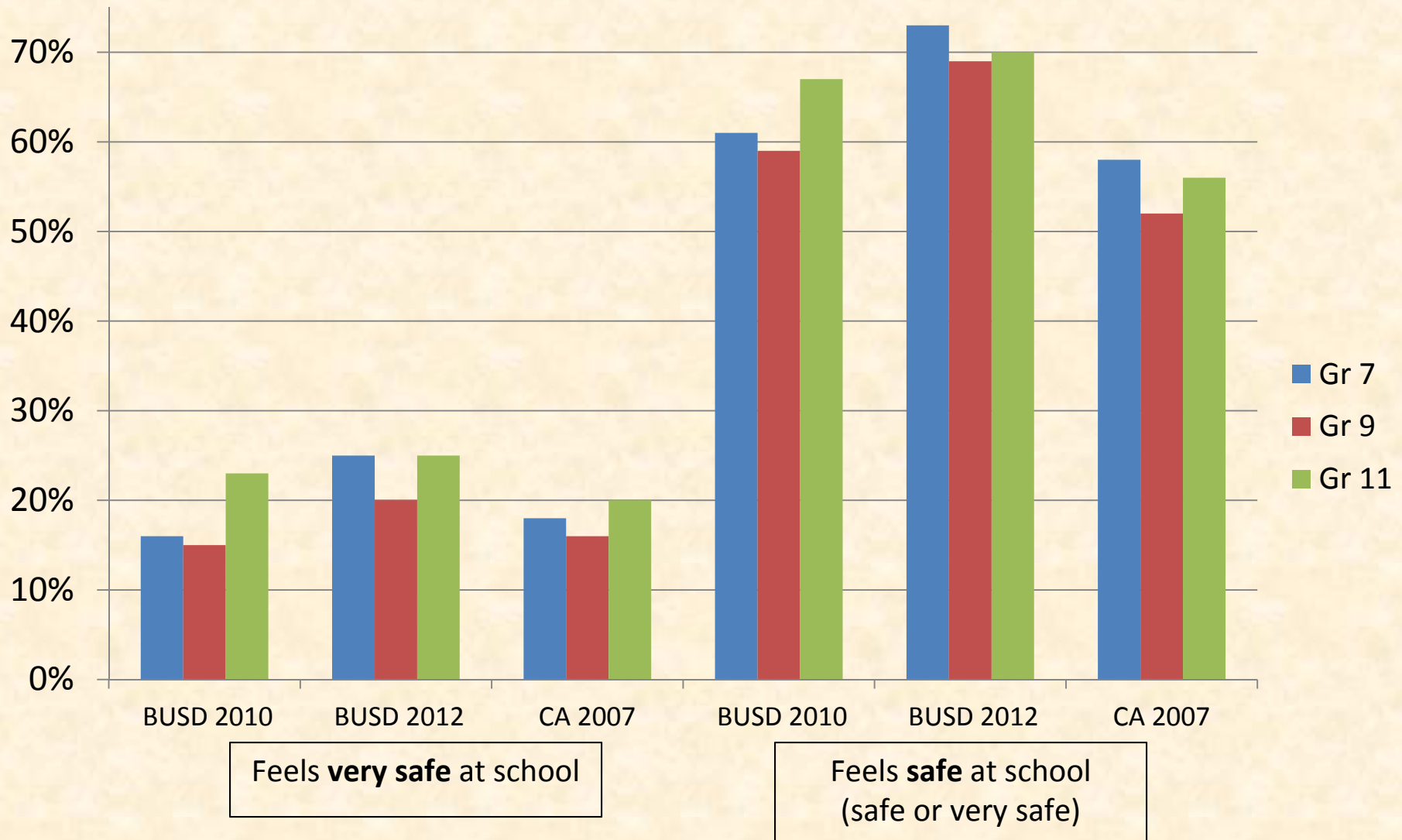


Berkeley Technology Academy School Protective Factors 2012



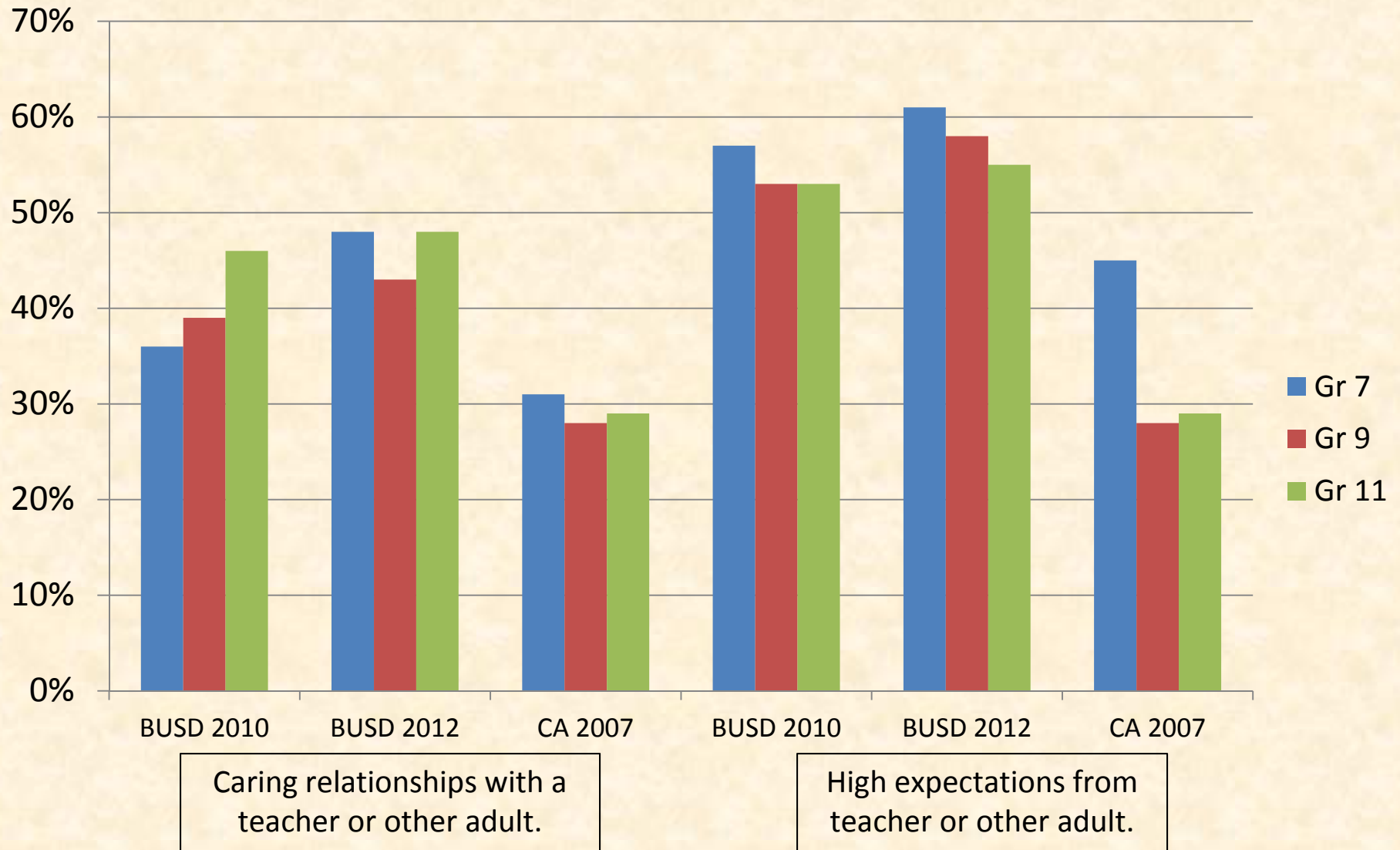
School Protective Factors

How safe do you feel at school?



School Protective Factors

High Level of External Assets at School.



Summary

- Students in grade 5 reported lower rates of bullying/ harassment than the State.
- An increased percentage of 5th grade students reported seeing someone with a weapon at school.
- A significantly higher percentage of students in grade 5 reported feeling safe all of the time at school (56%) than outside of school (23%).
- Approximately 70% of students in grades 7, 9, and 11 and 66% of B-Tech students reported feeling safe at school; these rates are all higher than the State.
- In grades 7, 9, and 11, fewer students reported bringing weapons to school. In addition, fewer students reported gang membership.
- Harassment due to membership in a protected class (disability, gender, race, religion, or sexual identity), fighting, and fear of being beaten up declined in grades 7, 9, and 11.